



Stay at Home Order extended by Minnesota Governor Tim Walz

Families may have questions about what the Governor's *Stay at Home* order means. This message from **Growing Up Healthy** is intended to provide brief clarification, and to ensure families in Rice County visit the [#StayHomeMN Frequently Asked Questions](https://www.co.rice.mn.us/492/Coronavirus-disease-COVID-19) (<https://mn.gov/governor/covid-19/faq.jsp>) site for accurate, detailed information about the Governor's *Stay at Home* order.

Minnesotans are urged to voluntarily comply with the Governor's order to stay home in order to limit the spread of COVID-19. Minnesotans may leave their homes to pick up essential items such as groceries or food, prescriptions, and gas, to relocate for safety reasons, or go to work if their job is deemed essential in a sector. If you leave your home, practice social distancing measures and keep six feet between you and those around you. Everyone is encouraged to stay active outside during this time, provided they practice safe social distancing. *Some workers are exempt from this order and may leave their home to go to work - ask your employer if your job is part of the Critical Sector worker exemptions.*

Permissible activities during the stay at home order include:

- **Health and safety activities**, such as obtaining emergency services or medical supplies
- **Outdoor activities**, such as walking pets, hiking, running, biking, hunting, or fishing
- **Necessary Supplies and Services**, such as getting groceries, gasoline, or carry-out
- **Essential and interstate travel**, such as returning home from outside this state
- **Care of others**, such as caring for a family member, friend, or pet in another household
- **Displacement**, such as moving between emergency or homeless shelters if you are without a home
- **Relocation to ensure safety**, such as relocating to a different location if your home has been unsafe due to domestic violence, sanitation, or essential operations reasons

All community members are free to travel for essential purposes as listed above. All community members should follow the Executive Order and not engage in unnecessary activities outside the home, but Law Enforcement does not plan random stops or increased enforcement of travel restrictions. Local law enforcement officers are eager to support Rice County community members in positive, helpful ways to follow the Governor's *Stay at Home* order.

All of us in Rice County have a role in slowing the spread of COVID-19 - complying with the Governor's order will help us avoid overwhelming our local hospitals and clinics, and will ensure our most vulnerable community members stay healthy.

Find [local information and resources in Rice County from this site](https://www.co.rice.mn.us/492/Coronavirus-disease-COVID-19) (<https://www.co.rice.mn.us/492/Coronavirus-disease-COVID-19>).

Find [helpful hotlines from this site](https://mn.gov/governor/covid-19/) (<https://mn.gov/governor/covid-19/>) - call for more information about Minnesota's response to COVID-19.